

Welcome CeHS

Creating A Culture of Achievement Through Coyote Pride

www.peoriaunified.org/Centennial

History of Centennial High School

Principal: Christine Lopezlira School Founded: 1990 Grades: 9-12 Accreditation: North Central Association & AdvancedED

School District: Peoria Unified #11 Type of School: Public Enrollment: 2100

Fun-Fast-Facts



decided that the Centennial mascot would be the Covotes. The stuffed Covote in the front office was donated from Phoenix Union High School, which used to be the Coyotes before they closed and this is where we got our mascot name - to continue

having the tradition of a Coyote in a valley high school.

Our first Principal Dave Moore, while the school was being built. saw a coyote run across what would be the football field and

We pronounce our mascot of the Coyote as "kī-yōt" or "yōt" for short - Go YOTES! This happened as a nod to the southwestern and cowboy traditions. It's also part of the story of our Fight Song.



School colors are officially red, white and navy.

#CoyotePride is used to share the great contributions students and staff are making in the community.

There are roughly 95 teachers and 60 staff members on campus.



CeHS Fight Song On Coyotes to victory Come on and win for the Red, White and Blue. Run up that score,

Coyotes to victory, Centennial we're here for you!

We're up against that foe So Go, Coyotes, Go! The best team you'll always be So win that game **Centennial Coyotes Roll on to Victory!**





NOTES

NOTES

Centennial High School 14388 N. 79th Ave. Peoria, AZ 85381

IMPORTANT PHONE NUMBERS

Main Line	623-412-4400
Attendance Office	623-412-4405
Guidance Office	623-412-4407
Records Office	623-412-4444
Nurse	623-412-4409
Bookstore	623-412-4417
Library	623-412-4447
Athletic Office	623-412-4416
Safe School Line	623-486-6199

SCHOOL COUNSELORS

Lindsay Holbrook	623-412-4433
Cindy King	623-412-4449
Jeremy Ramey	623-412-4434
Mike Repak	623-412-4414
Connie Schmidt	623-412-4431
Diane Woodyard (Head)	623-412-4432

ADMINISTRATORS

Christine Lopezlira	Principal	623-412-4400
Brandi Steele	Asst. Principal	623-412-4400
Adam Wolfe	Asst. Principal	623-412-4400
Brett Palmer	Asst. Principal & Athletic Director	623-412-4422

Mission of Centennial High School

Quality Instruction Everyday ~ Personalized Learning For All.

Peoria Unified School District #11, District Administrative Center 6330W. Thunderbird Road Glendale, AZ 85306 Follow Peoria Unified on Twitter @peoriaunified11 Like us on <u>https://www.facebook.com/peoriaunified/</u> Watch us on <u>YouTube.com/pusdofficialchannel</u>

http://www.peoriaunified.org/ "Every Student, Every Day, Prepared to Shape Tomorrow"

Bell Schedule

REGULAR DAILY SCHEDULE			
PERIOD	IF YOU HAVE 3RD PERIOD LUNCH	PERIOD	IF YOU HAVE 4TH PERIOD LUNCH
1	7:20 a.m 8:50 a.m.	1	7:20 a.m 8:50 a.m.
2	8:55 a.m 10:30 a.m.	2	8:55 a.m 10:30 a.m.
3 (Lunch)	10:30 a.m 11:10 a.m.	4	10:30 a.m 12:50 a.m.
4	11:15 a.m 12:45 p.m.	4 (Lunch)	12:05 p.m 12:45 p.m.
5	12:50 p.m 2:20 p.m.	5	12:50 p.m 2:20 p.m.

LATE START 8:50 a.m.

EARLY RELEASE

ATE START DAYS 8/22, 9/26, 10/24,		
1/7, 12/12, 1/30, 3/6, 4/24, 5/8	PERIOD	EARLY RELEASE DAY
:50 a.m 9:58 a.m.	1	7:20 a.m 8:00 a.m.
10:03 a.m 11:13 a.m.	2	8:05 a.m 8:50 a.m.
11:18 a.m 12:26 p.m.	3/4	8:55 a.m 9:35 a.m.
11:13 a.m 11:54 a.m.	5	9:40 a.m 10:20 a.m.
1:59 a.m 1:07 p.m.		
2:26 p.m 1:07 p.m.		
1	4/24, 5/8 50 a.m 9:58 a.m. 10:03 a.m 11:13 a.m. 11:18 a.m 12:26 p.m. 11:13 a.m 11:54 a.m. :59 a.m 1:07 p.m.	17, 12/12, 1/30, 3/6, 4/24, 5/8 50 a.m 9:58 a.m. 10:03 a.m 11:13 a.m. 2 11:18 a.m 12:26 p.m. 3/4 11:13 a.m 11:54 a.m. 5 :59 a.m 1:07 p.m. ** FL 9/6, 1/17

FINAL EXAM SCHEDULE

PERIOD	Final Exam Schedule 1st Semester	PERIOD	Final Exam Schedule 2nd Semester
	December 21st		May 24th
1	7:20 a.m 8:50 a.m.	1	7:20 a.m 8:50 a.m.
2	8:55 a.m 10:30 a.m.	2	8:55 a.m 10:30 a.m.
	December 22nd		May 25th
3/4	7:20 a.m 8:50 a.m.	3/4	7:20 a.m 8:50 a.m.
5	8:55 a.m 10:30 a.m.	5	8:55 a.m 10:30 a.m.

SPORTS

- **CROSS COUNTRY** ٠
- FOOTBALL ٠
- VOLLEYBALL •
- GOLF •
- **BADMINTON** ٠
- **SWIM & DIVE** •
- CHEER ٠

CENTENNIAL SPORTS

CENTENNIAL CONTACTS

- BASKETBALL •
- SOCCER •
- WRESTLING
- TRACK ٠
- BASEBALL ٠
- SOFTBALL ٠
- TENNIS •

Athletic Director: Brett Palmer bpalmer@pusd11.org

Office Phone: 623-412-4416

Athletic Packets and lowcost Physical info available in front Administration Building





Coyote Den **ODECA**

Centennial Mug

Before School	6:45-7	7:20	Chips
During Lunches	10:30-11		Granola Bars
	12:00-12	-	Gold Fish
	C		Pretzels
<u>BEVERAGE</u>	<u>5</u>		Cheez-its
Small Water		.50	Smuckers PB&J
Large Water		1.00	SHICKEIST DQJ
Arizona Tea		.75	SCHOOL SUI
Juice		1.00	1" Binder
Naked Smoothie		2.50	Spiral Notebook
			Comp. Notebook
<u>SCHOOL S</u>	<u>PIRIT</u>		Note Cards
Centennial Swea and Jackets	ıtshirt	30.00	Dry Erase Markers
		20.00	Pens
Centennial T-shi	ns	20.00	Combination Lock
CeHS Draw Strin	g Bag	5.00	Mech. Pencils
Centennial Flex	Fit Hat	20.00	Dividers
Centennial Licen	se Plate	2.00	DIVIDEIS

5.00

SNACKS

1.00

.50

.75

.75

.75

1.00

PPLIES 2.50 1.00 2.00 1.00 1.00 .25 5.00 .50 .25

We accept cash only Bills must be no larger than \$20.00

Centennial Attendance— Things you need to know

Peoria Unified school district is a CLOSED campus district for lunch. Parents/Guardians are asked to sign their student in/out of school in the attendance office at anytime during the day in order to leave campus.

A parent/guardian has 24 hours by state law to verify an absence. If the absence is not verified within that time, we cannot change it in the computer, but can make a note that a parent made contact after the 24 hour time frame.

> **Attendance Main Line Phone Numbers:** 623-412-4405 or 623-412-4406 Fax: 623-412-4420

If you are arriving late to school, (with no parent) you will report to the Attendance Office, where your parent/guardian can call to verify your tardiness. If your parent/guardian wishes to sign you in, they must come to the attendance office in person and physically do so with you to then attend your first hour.

Students are considered present in class for a period as long as they are there for at least 60 minutes (of a 90 minute period). Students absent one period (90 minutes) constitutes an entire absent school period (per policy). If you are signed in/out for an appointment, we ask that you bring a note from the office you visited so we can document that in the computer.

We also utilize the truancy program district wide. The district uses truant officers that visit schools and talks to students that have acquired high number of absences. Again, if the absences continue after they have spoken to the student, there are consequences attached with this program that is outlined by the state juvenile probation program.



SURVIVING HIGH SCHOOL

- 1. **Pay Attention**: the material is going to get harder AND there will be more of it.
- 2. Be Kind: You never know who you will have classes with next year. You will have 8 classes next year (4 each semester). This means more classmates and possibly more friends. Sit at a new lunch table, meet new people and be daring!
- 3. Get Organized: Each of your teachers will require different materials for class and will expect you to maintain it with little help. Organization is key in high school and will assist you in being as successful as possible.
- **Be Positive:** Positive people are happier and happier people tend to 4. be successful and have friends. Write yourself reminders on how you want to feel. Attitude is everything!
- 5. Create Healthy Habits: Change your bad habits like staying up late or eating junk food – for a healthy habit that will make you a better person.
- 6. Be Careful With Your Words: Again, positive and mature words are going to help make you a better person. Teachers and students recognize the way you talk and act so leave a good impression.
- 7. Give Up The Excuses: Teachers have heard every excuse in the book and they won't buy it. Save yourself the time and breath by completing your work on time.
- 8. Make Good Choices: It's funny but true. Are you going to go to the movies or get that homework done? What about complaining instead of just doing what needs to be done? The right choices will make you successful; learn to make them!
- 9. You Can Do It: Take initiative to make it happen; don't wait for it to happen! Act instead of someone else acting first.
- 10. Get Involved: Centennial has so much to offer. There are a number of clubs and organizations as well as sports and academics to get involved with. There is no reason to feel as if you don't belong here. Find your place and have fun!

CeHS LUNCH

Centennial has a very dedicated lunch staff that works hard to ensure that all students are given a nice welcoming experience within the lunchroom, while also preparing and serving students a wide variety of foods.

Lunch Room **Procedures**

- 1. Take out your school ID
- 2. Wait in line
- 3. Once you get to the register scan your id and wait to get approved
- 4. Select your beverage
- 5. Choose a hot or cold meal
- 6. Grab your choice of fruit or vegetables



It's Your Choice!

- In the lunch room you have over **25** different meals to choose from every day so be courageous and try something **new**.
- The cafeteria primarily offers salads, pizza, chicken, sandwiches, burgers, and more.
- There's even a "Meal of the Day" and a Taco bar too!
- A variety of beverages to choose from.
- Grab salad and fruit daily!
- Cost of lunch daily is between \$2.25-\$3.75
- Go to www.myschoolbucks.com to load money onto your Student ID account to pay for lunch.
- Applications for Free and/or Reduced Lunch are in the front Administration Building by reception - complete online or return it to the cafeteria. Online @ www.schoollunchapp.com
- When it's time for lunch remember to take a food cruise through the CEHS Cafeteria and Snack Bar (outside).



Book Store

Open Daily from: Monday – Friday 9am-3pm Closed daily from: 11:30am-12:00pm

Centennial's Book Store offers a variety of services to all students on campus, some of which include:

- ⇒ Paying school fees for classes, athletics, school events
- ⇒ Replacing/paying for a new textbook
- ⇒ Payments for field trips and other school activities
- ⇒ Obtaining an ID (\$5 replacement fee)
- \Rightarrow Locker information
- ⇒ School Bus information
- ⇒ Gym uniforms (t-shirt/shorts)
- ⇒ Parking Passes for 11th & 12th graders

Please note that students are not suppose to go to the book store during their scheduled classes





Book Store Staff: Linda Miller Bookstore Manager

Julie Hawks Bookstore Clerk

CeHS Guidance Department



PUSD's Guidance Department Vision

Every student, every day, prepared to meet tomorrow – building a plan for life based on academic, career and personal/social development.

Office Hours 7 am to 3 pm Monday—Friday

Visit our Website for Resources!

http://www.peoriaunified.org/domain/607

We have an established appointment procedure. We utilize Outlook Calendar (in print) using a binder system. Appointments are generally for the next day and are in 15 minute intervals.

Students are welcome to "drop-in" during their lunch for quick questions and needs. Students are encouraged to make appointments for support of Academic Development, Career Development, and/or Social/Emotional Support.



Have a Facebook or Twitter friend whom you have a dispute with? Or just an issue in general you want dealt with?

THEN COME FOR A PEER COUNSELING APPOINTMENT WHERE WE:

- Solve disputes with 2 on 1 peer mediation
 - We give support to those who need it
- Make everything confidential unless it's life threatening or illegal on school campus
 - Help you in almost any way possible
- Make school campus a great place to be on

In the Guidance Office Every Day and Every Hour DON'T BE SHY, GIVE IT A TRY

GEORGE CORTEZ JR. CAREER CENTER

Mon-Thurs 7 am to 3 pm

One of the greatest assets the library holds is the Career Center. This wonderful place may be a little intimidating at first glimpse, but it will most definitely help you in the future.

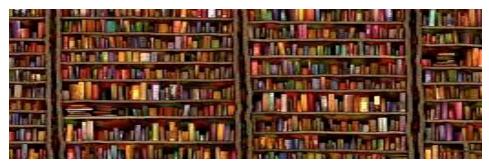
Sign up for College or Military Visits (on campus), take information for the "Scholarship of the Week", inquire about Dual Enrollment (college credit while a high school student), learn how to contact representatives for colleges in Arizona and elsewhere!

Mrs. Walsh is almost always available to assist you in all of your college needs. She can help you with getting into your college accounts, contacting college representatives, and be a helping hand with financial aid and scholarships Mrs. Walsh encourages you to come visit her as soon as possible, to get familiar with the college process.

You don't have to wait until your senior year!



CENTENNIAL LIBRARY



Whether it's to log onto a computer, see what's in the Career Center, or check out a cool book, the library is open to any student who wishes to use it! Friendly faces are always around the corner!

What is the Library?

A fun place to learn, relax, and work. There are books of every kind available to all students with an ID! Not only can you work on school work with the use of the computers, The librarian is there to help every step of the way! When you come in you need to **scan your school ID** at the counter to use the facilities and to check out books. Mrs. Feldick or Mr. Willkomm will be happy to scan your id so you can check out a book.

> Hours of Operation Monday -Friday 6:45am-3:15am





Peer Mentoring

Are you struggling in a class and don't know how to get the help you need? Do need to become more organized and don't know how to start? Do you need someone to help guide you through high school? If you answered "yes" to any of these questions then apply for a *Peer Mentor!

Peer mentoring is a program for underclassmen who are struggling to keep up with their school work, want to work on communication skills, as well as setting and achieving goals (among others!). If you feel like having a Peer mentor might make the difference—we want to support you! Please fill out a quick form in the Guidance Office (or with a teacher) and turn it into the Guidance Office. We'll take it from there!

*Peer Mentoring is offered through the Peer Counseling Program

GUIDANCE

Upon entering a PUSD high school, a School Guidance Counselor will be assigned to you. The School Guidance departments will provide a comprehensive school counseling program that focuses on what all students should know to be College and Career ready. Students will receive lessons that will help them make decisions based on these three domain areas: academic, career, and personal/social. The emphasis is on academic success for all students, so that they can achieve success in school and develop into contributing members of society.

EDUCATION AND CAREER ACTION PLAN (ECAP)

Schools shall complete for every student in grades 9-12 an Arizona Education and Career Action Plan ("ECAP") prior to graduation. Schools shall develop an Education and Career Action Plan in consultation with the student, the student's parent or guardian and the School Guidance Counselor. School Guidance Counselors shall monitor, review and update each Education and Career Action Plan individually with the student(s) annually.

PRE-REGISTRATION

Students pre-register for courses when they meet with their counselor to develop or revise the Education and Career Action Plan (ECAP), usually during the fall semester.

COURSE CHANGE POLICY/AUDIT STATUS

It is extremely important that the course selections be made only after careful and complete consideration. <u>All students are expected to remain with the</u> <u>schedule received prior to the start of the new school year.</u> Changes in a student's schedule following registration cannot be made except in those cases where it is considered by the counselor to be advisable. In addition to obtaining counselor approval, parental approval is also necessary. Schedule changes from one elective class to another elective class may not be made after the fifth class of any term unless a change is a result of an error in placement.

Any student may request to drop a class two weeks after the first grade in progress without that class appearing on the student's transcript. Any student who is receiving a failing grade and drops a class after that time period will receive a failing grade for that course. The failing grade will remain on the transcript and the student will be ineligible under the No-Pass / No-Play regulations for the remainder of that semester. If a student is passing and drops a class after that time period, the grade will appear as a W on the transcript. Dropped classes may be retaken and the higher grade will be used for Grade Point Average purposes. Parent approval must be in writing with the understanding that replacing a dropped class with a student assistant position will negatively impact a student's grade point average and class rank.

Prepping For the ACT or SAT? Check out these study tools!

Websites

www.march2success.com

This website offers 7 full length practice ACT tests as well as flashcards to help prepare for the big test!

http://www.educationcorner.com/act-test-takingstrategies.html

This is where you can find test taking strategies on each subject included in the ACT.

iTunes APPs

ACT Test Bank 36

This app allows you to access test questions and practice for your ACT on your smart-phone.

SAT Up—SAT Test Prep and Tutoring

This app for SAT prep, features personalized daily workouts, midterm and full length practice tests, vocabulary games, on-demand tutoring and continuous coach support.

https://itunes.apple.com/us/app/sat-up-new-sat-testprep-tutoring/id582725370?mt=8

Need Help With *Math***?** Check out these study tools!

Websites

https://www.khanacademy.org/

www.brightstorm.com/math/ http://www.hippocampus.org/

These websites have video lessons that help teach different levels of math. Anywhere from Pre-Algebra to Calculus!

http://www.wolframalpha.com/

All you need to know about math in one search engine! This website breaks down examples and gives you step by step visuals to solve the problem.

Google Play Phone APP

Graphing Calculator Pro

This app is a free graphing calculator, available to help with all sorts of math struggles.

<u>iTunes APP</u>

Math Ref Free

This app is full of reference materials, formulas, and examples.

COURSE CREDITS

Freshmen, sophomores, and juniors are expected to enroll in a full day of classes. Seniors are permitted to enroll in the equivalent of three block classes as long as they enroll in enough classes to meet the graduation requirements (also known as late start/early release). Any senior student participating in extracurricular activities must be enrolled in the equivalent of three block classes, except for the semester of his or her graduation.

If credit deficiencies exist, there are options for credit recovery. See your School Counselor for more information.

Students have the opportunity to earn 8 credits per year (4 credits per semester) to earn a total number of 28 credits to obtain a Peoria Unified School District Diploma.

GRADUATION REQUIREMENTS

Students are required to demonstrate proficiency Arizona Civics Test. Students are first given an opportunity in 8th grade to pass. If they are unable to pass the test will be given additional opportunities each semester of high school.

English	4 credits
Math (Alg. I, Geom, Alg. II, 4th Math	4 credits
Science (Lab)	3 credits
Social Studies	3 credits
PE (Marching Band or ROTC)	1 credit
CTE/Fine Arts	1 credit
Electives	12 credits
TOTAL	28 credits

PUSD High School Graduation Credit Requirements (minimum):

** 2 years of the same foreign language is required for university bound students

HONOR ROLL GUIDELINES

Eligibility: Students who meet the high academic and citizenship standards described below will be eligible for honor roll recognition.

Requirements: Honor roll shall be computed each semester according to the following criteria:

- 1. Semester G.P.A. of 3.2 or better
- 2. Must be enrolled in three or more classes that count toward honor roll
- 3. Cannot have any D's or F's on term/semester report card
- 4. Student aide grades will not count toward honor roll
- 5. Special Education classes will not count toward honor roll but may be recognized for special effort independent from honor roll
- 6. Incomplete grades must be cleared from the record before a student can qualify for honor roll

Struggle in Science? Check out these study tools!

The Physics Classroom

http://www.physicsclassroom.com/

This website has everything from study strategies, step by step examples, and printable notes. Audio guided help is available.

Frog Dissection (APP)

https://itunes.apple.com/us/app/frogdissection/id377626675?mt=8 This app is an easy and efficient way to learn anatomy, with a detailed description of each body part.

HippoCampus

http://www.hippocampus.org/ Choose from Biology, Chemistry, Physics, and Earth Science. Shows video lessons for each specific topic.

Chemistry Help

http://www.chemistryhelp.net/chemistry-games/index

Games Jeopardy Hangaroo Who Wants to be a Chemist? Matching Game

Chemistry Lecture Notes

http://www.chemistrylecturenotes.com/index.html Thoroughly explains different subjects throughout chemistry. Includes step by step help with examples.

Struggling in a Foreign Language? Check out these study tools!

Spanish

http://spanishflashcards.tripod.com/

Learn basic Spanish vocab through activities, and quizzes for a better understanding.

http://www.queondaspanish.com/

This website contains lessons, games, and questions to help in learning Spanish.

Google Play APPs

StudyBlue Superflashcard

Spanish Conversation Courses Overdrive

These varying apps helps with Spanish vocabulary, phrases, and grammar concepts.

French

http://www.learn-french-help.com/

This website assists you in learning French grammar and understanding the French vocabulary.

http://www.cliffsnotes.com/

Cliffs notes helps in both Spanish and French with different lessons and various examples.

Need Extra Help in English?

Check out these study tools!

Easy Bib (APP/Website)

http://easybib.com/

This tool gives notes on how to use the different types of citations, goes step by step to create citations with 59 different options for sources.

Shakespeare (APP)

https://itunes.apple.com/us/app/shakespeare/id285035416?mt= 8

This APP is perfect for those English IV students who need extra help. It contains 41 plays, 154 sonnets with common phrases and scene breakdowns of characters and the locations.

Brightstorm

http://www.brightstorm.com/english/

Choose from grammar, writing and literature. Shows videos, and writes out what the presenter says for easy note taking.

Education Corner

http://www.educationcorner.com/english-study-skills-guide.html Written notes, with easy to read examples.

Online Writing Lab

http://owl.english.purdue.edu/owl/resource/560/01/ Provides broken down notes on how to correctly do APA citations.

Slept Through Social Studies?

Check out these study tools!

World Atlas (APP)

https://play.google.com/store/apps/details?id=app.ramesp.atlas For help in history class, the app provides world flags and facts about each country, including government types and capitals.

HippoCampus

http://www.hippocampus.org/

Economics, history and government, and psychology Choose from specific events, dates and titles to choose from. Economics, history and government, and psychology with an AP selection available.

Education Corner

http://www.educationcorner.com/study-skills.html

Provides great test taking and strategies. It incorporates all subjects including Economics, Geography, History and Psychology.

Quizlet

http://quizlet.com/subject/high-school-vocabulary-social-studies/

Allows you to sort though hundreds of different sets of notes created just for you! Play games, use flashcards, you name it.

